2022

ANNUAL REPORT

SIDDHASTHALI
RURAL COMMUNITY HOSPITAL

TABLE OF CONTENTS

Our Story	1
2022 Review	2
About SRCH	5
Our Programmatic Pillars	6
SRCH: Championing Sustainability and Equity	8
Design of SRCH: Fostering Connection, Sustainability and Inclusivity	11
Volunteering with SRCH	13
Earthquake Response in the far west	14
Summary of Financial Results	15
Thank You	17

In a far-off land with rugged terrain,

Where access to healthcare was a daily pain,
A young doctor with a heart so true,
Dreamed of a hospital to bring life anew.

With determination and a vision so bright,
He worked tirelessly day and night.
To build a place of healing and hope,
Where people in need could find a way to cope.

The Siddhasthali Rural Community Hospital,
Is a beacon of light to the poorest of the poor,
Bringing quality care to those who need it more.
With programs that reach far wide,
And communities strengthened in every stride.

Built with support from many generous hands,
It is a work of art that proudly stands.
Generations to come will be blessed,
By the care and love that is expressed.

So let's join hands and offer our support,
To this hospital, that does so much more.
Together, we can make a difference,
And create a world with no indifference.

2022 REVIEW

Dear Friends,

We are pleased to present to you our annual report, which offers a comprehensive overview of the major activities of Siddhasthali Rural Community Hospital (SRCH) carried out between January and December, 2022.

This year presented both challenges and opportunities for growth. Our country endured an earthquake in the Far Western Region in November. Amidst this catastrophe, our parent organization, Mountain Heart Nepal, promptly partnered with Direct Relief to support the affected communities. Volunteer doctors from Siddhasthali Rural Community Hospital played a crucial role in providing medical assistance and distributing relief materials.

The COVID-19 pandemic has affected people's lives in numerous ways, and we recognize the importance of taking collective action to protect our communities and support those who are most vulnerable. We collaborated with the government and local communities to facilitate COVID-19 vaccination programs in the Langtang region and promote public health awareness.

The new oxygen plant set up at the hospital with support from Direct Relief has been producing 12 oxygen cylinders per day. It has significantly improved the availability of oxygen in rural Nepal and reduced the cost of transportation to collect the cylinders from Kathmandu,

which is more than five hours away from the hospital. The readily available oxygen has been instrumental in treating patients with pneumonia, COVID-19, and other respiratory diseases, saving numerous lives.

We have also prioritized improving early-life health literacy by partnering with CHANCE for Nepal (UK) to distribute age-appropriate books that provide information on health and wellness. Our first publication, “My Book of Knowledge”, is freely available across Nepal, breaking down barriers faced by children in accessing meaningful education.

This year we had the honour of hosting visits from House of Representative members, local government, and officers from Japanese Embassy and volunteers from Hong Kong. The visit allowed us to showcase our work and explore potential collaborations. Furthermore, we also facilitated a visit for Plympton Rotary (UK) members to learn about the challenges faced by the Chepang Community in Makwanpur district and to develop impactful solutions.

We are pleased to announce the signing of a Memorandum of Understanding with the University of Plymouth (UK), enabling knowledge sharing, research, and exchange programs between Nepal and the UK.

As for the hospital construction, we have made significant progress, completing civil works and adding a new Pharmacy wing. The completion of the civil work marks an important milestone in the construction of the project. We have successfully completed the foundation work, framing, roofing, and other structural elements of the building. We have also installed the plumbing equipment and electrical wires, which are essential components of the project.

We have now shifted our focus to the interior and exterior finishing work. This includes tasks such as the installation of doors, windows, painting, tiling, flooring, and installation of fixtures and fittings. We are confident that the finished product will be a testament to our commitment to quality and excellence.

We are thrilled to invite you to the official opening of our new hospital on December 7th, 2023. The hospital represents years of diligent efforts, and we are excited to share this significant milestone with our esteemed donors, partners, stakeholders, and the community we proudly serve.

Our groundbreaking efforts led to our selection as a finalist for the Health and Healing category in the .ORG Impact Awards, chosen among 947 submissions from 68 countries. The program recognizes organizations and leaders who make a positive impact in their communities.

On behalf of Siddhasthali Rural Community Hospital, we express our heartfelt gratitude to our staff, volunteers, partners, and donors worldwide for their invaluable contributions in 2022. We eagerly anticipate your valuable guidance as we continue our journey in 2023.

ABOUT SRCH

Siddhasthali Rural Community Hospital (SRCH) is a not-for-profit charitable medical facility located in Hetauda, Ward no.6, Makwanpur, Nepal. It was established in 2019 with the support from Direct Relief, one of the world's top ten best charities. The hospital is founded to provide sustainable healthcare to the poor and underserved living in rural and remote Nepal.

MISSION

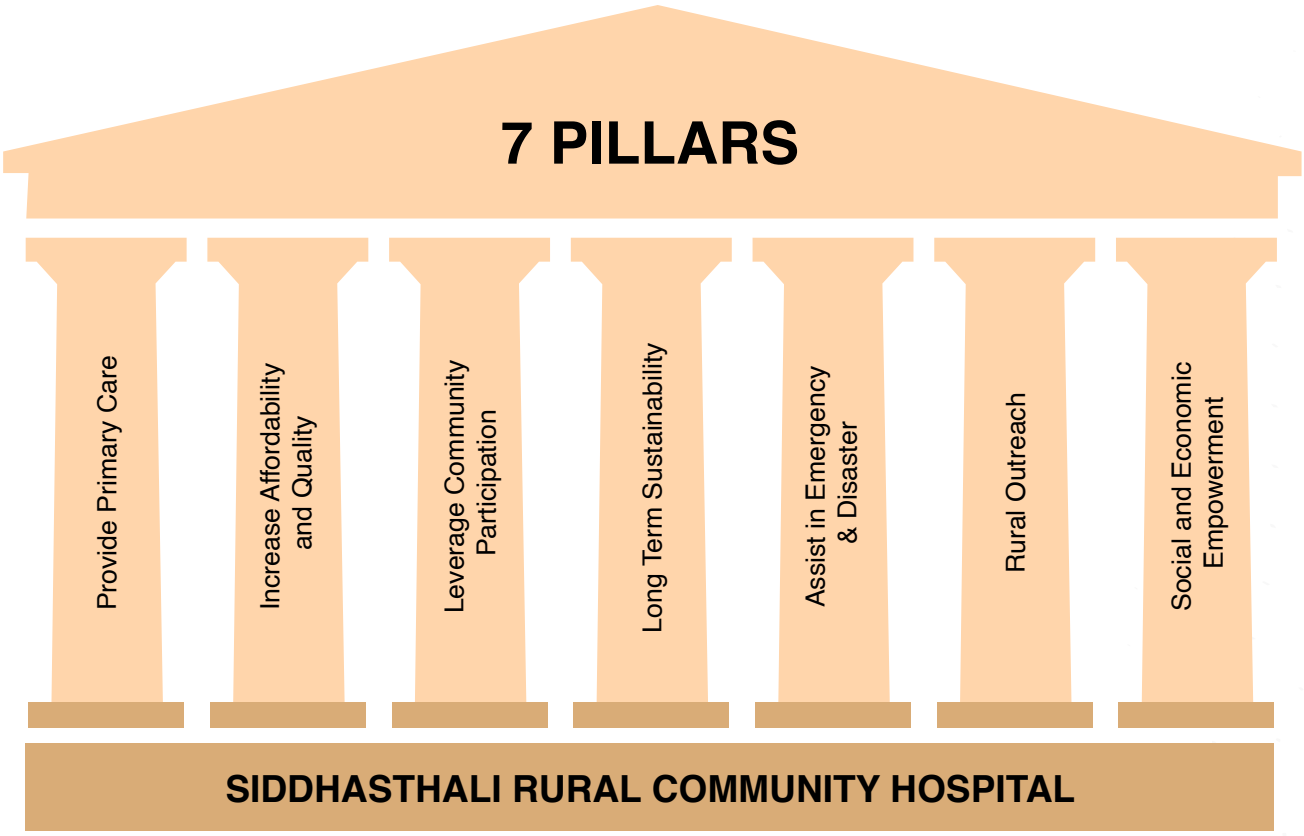
To provide quality health services in rural Nepal by bringing skilled doctors to meet the poorest of the poor, saving many lives.

VISION

Individuals with access to affordable, equitable, sustainable, and quality care are part of every community.

OUR PROGRAMMATIC PILLARS

The Siddhasthali Rural Community Hospital has seven programmatic pillars that guide our efforts to healthcare and community development. Here is a summary of each of the pillars and their respective focus areas:



Pillar 1(P)

Provide Primary Care

The hospital provides a comprehensive range of essential health services, from health promotion to prevention and treatment, for individuals and families.

Pillar 2 (I)

Increase Affordability and Quality

The hospital focuses on providing accessible and high-quality healthcare services to all individuals, irrespective of their financial status. This commitment extends to the hospital's focus on serving traditionally marginalized populations, such as ethnic minorities, women, and children.

Pillar 3 (L)

Leverage Community Participation

The hospital works closely with local communities to identify their healthcare needs and develop programs that are specifically tailored to address those needs.

Pillar 4 (L)

Long Term Sustainability

The hospital is committed to providing scalable and sustainable healthcare services in rural and remote communities while also prioritizing the preservation and protection of the planet.

Pillar 5(A)

Assist in Emergency & Disaster

The hospital works on the ground in challenging environments, such as natural disasters, health-related emergencies, and pandemics, to provide lifesaving aid and medical assistance.

Pillar 6(R)

Rural Outreach

The hospital ensures that individuals who may not be able to access healthcare services locally are still able to receive the care and support they need to maintain their health and well-being through mobile health camps and the establishment of satellite clinics.

Pillar 7(S)

Social and Economic Empowerment

The hospital empowers individuals, families, and communities by providing viable income-generating and skill-development activities to improve their social and economic well-being.

SRCH: CHAMPIONING SUSTAINABILITY AND EQUITY

Siddhasthali Rural Community Hospital is taking proactive steps towards promoting sustainable and equitable healthcare in Nepal through its commitment to the United Nations Sustainable Development Goals (SDGs). Below are some specific actions we have taken to contribute towards a more sustainable and equitable future.

SDG 1 – No Poverty

Our hospital is committed to addressing poverty and improving population health by implementing various programs and interventions. These efforts include providing emergency aid in disaster situations, which protects life and prevents the exacerbation of poverty due to ill health. Through community outreach programs, such as health camps, we provide healthcare services to underserved populations, including those living in poverty. Additionally, hospital

empowers vulnerable groups by providing skill training and income-generating opportunities. These initiatives aim to improve economic status, reduce poverty, and ultimately improve health outcomes for individuals and communities.

SDG 2 – Zero Hunger

We recognize the importance of skill training in eradicating hunger and malnutrition, and we are working to empower vulnerable groups, especially women, through skill training and income-generating opportunities. We understand that poverty and hunger are closely related, and by providing these individuals with the tools to improve their economic status, we are addressing the root causes of food insecurity.

SDG 3 – Good Health and Well-being

We are committed to improving health and well-being by providing affordable healthcare for all individuals and free health services to disadvantaged and vulnerable groups through our not-for-profit hospital. In addition, our satellite clinics/health camps expand our reach to serve communities that may not have access to healthcare.

SDG 4 – Quality Education

We promote health literacy by publishing educational materials that promote health, well-being, and environmental awareness. Additionally, we conduct research studies to advance knowledge and understanding in the healthcare field.

SDG 5 – Gender Equality

Our hospital is committed to providing gender-inclusive health services, ensuring that everyone, regardless of gender, has access to quality healthcare. We prioritize inclusive recruitment practices that promote gender balance and diversity within our workforce, which fosters a welcoming and supportive environment for all patients, regardless of gender identity. In addition, we empower women and other vulnerable groups through skill training and income-generating opportunities, contributing to the promotion of gender equality.

SDG 7 – Affordable and Clean Energy

We are committed to reducing our carbon footprint and promoting sustainable energy practices. To achieve this, we are taking action to reduce energy consumption by using natural light throughout rooms, common areas, and outdoor spaces. Additionally, we are working to install 100 KWP solar panels on the rooftop to generate clean and renewable energy.

SDG 8 – Decent Work and Economic Growth

Our hospital actively promotes economic growth and decent work by creating job opportunities and capacity building for health workers in rural Nepal. By providing employment opportunities for doctors, nurses, technicians, administrative staff, and other healthcare professionals, we contribute to reducing unemployment rates and improving the community's economic well-being. Furthermore, we are committed to building the capacity of our health workers

through training and resources that will enhance their skills and knowledge, resulting in better health outcomes for our patients.

SDG 9 – Industry, Innovation and Infrastructure

We are promoting SDG-9 by establishing and constructing sustainable buildings and procuring sustainable equipment that helps reduce our environmental impact and improve our resource efficiency.

SDG 11 – Sustainable Cities and Communities

We are taking action to promote sustainable healthcare and environmental health by implementing eco-friendly practices in our operations. We understand the importance of creating a sustainable healthcare system that meets the needs of present and future generations, particularly in the rural communities we serve.

SDG 12 – Responsible Consumption and Production

We are committed to promoting responsible consumption and production, as outlined in SDG 12. To achieve this, we are taking proactive steps to reduce plastic to rewaste generated at our hospital and promote environmentally friendly practices such as recycling waste materials. Additionally, we are implementing initiatives use unwanted goods donated by patients, contributing to reducing waste and promoting sustainable consumption patterns.

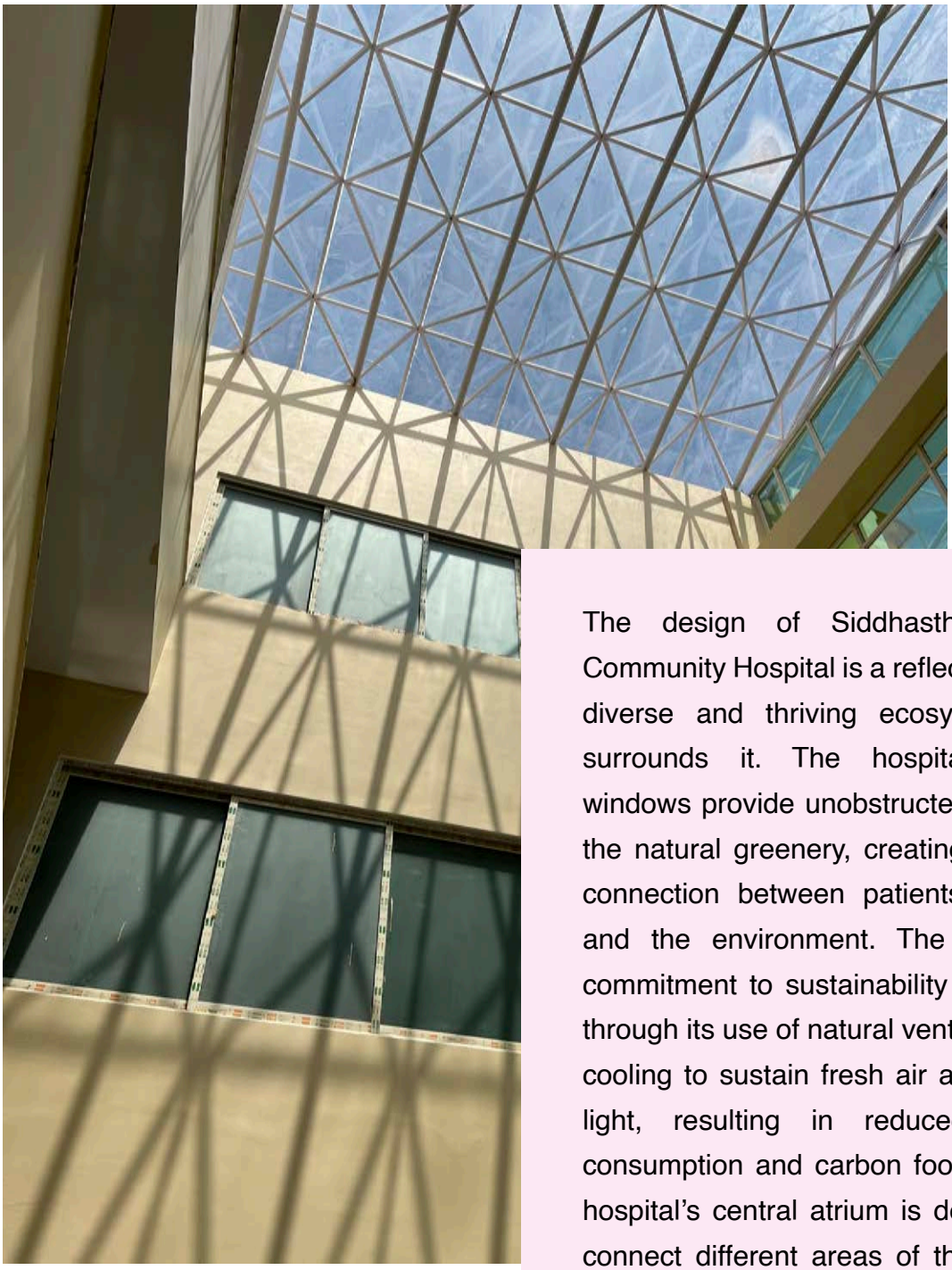
SDG 13 – Climate Action

We are actively working towards reducing greenhouse gas emissions by utilizing green solar energy and planting trees on an annual basis. We recognize that the use of hospital services generates carbon emissions. To offset this impact, we have implemented a program to plant one tree for every 100 individuals who visit our hospital.

SDG 17 – Partnerships for the Goals

Our hospital is committed to promoting SDG 17 by fostering collaborations with non-profit organizations, universities, governments, private sectors, and other stakeholders. Through these collaborations, we aim to mobilize resources and expertise to expand our health services and improve health outcomes for underserved populations. Additionally, we work closely with local NGOs and communities to ensure our health services reach those with limited access to healthcare.

DESIGN OF SRCH: FOSTERING CONNECTION, SUSTAINABILITY AND INCLUSIVITY



The design of Siddhasthali Rural Community Hospital is a reflection of the diverse and thriving ecosystem that surrounds it. The hospital's large windows provide unobstructed views of the natural greenery, creating a strong connection between patients, visitors, and the environment. The hospital's commitment to sustainability is evident through its use of natural ventilation and cooling to sustain fresh air and natural light, resulting in reduced energy consumption and carbon footprint. The hospital's central atrium is designed to connect different areas of the hospital and to flood the space with natural light, creating a warm and welcoming environment.

The gradual transition of the building's blocks from the road is reminiscent of petals radiating outwards, creating a visually striking effect that reinforces the sense of harmony and balance.

The hospital features a parametric truss that creates an abstract pattern on the internal walls of the building. This design element adds visual interest to the space and creates a unique aesthetic that is both modern and functional.

The hospital's commitment to accessibility and inclusivity is demonstrated through its inclusion of wheelchair ramps, elevators, and wide corridors to ensure equal access to services and facilities for all members of the community. Overall, the design of Siddhasthali Rural Community Hospital fosters connection, sustainability, and inclusivity, making it a welcoming and functional space for patients, visitors, and staff.

Contributed by: Anil Gautam, Architect

VOLUNTEERING WITH SRCH

In February and March of 2022, Dawn, a medical doctor from Malta, volunteered with Siddhasthali Rural Community Hospital, where she learned about Nepal's public healthcare system and participated in various healthcare activities, including contributing to the construction of the hospital. Read about her experience by referring to the following link.

EARTHQUAKE RESPONSE IN THE FAR WEST

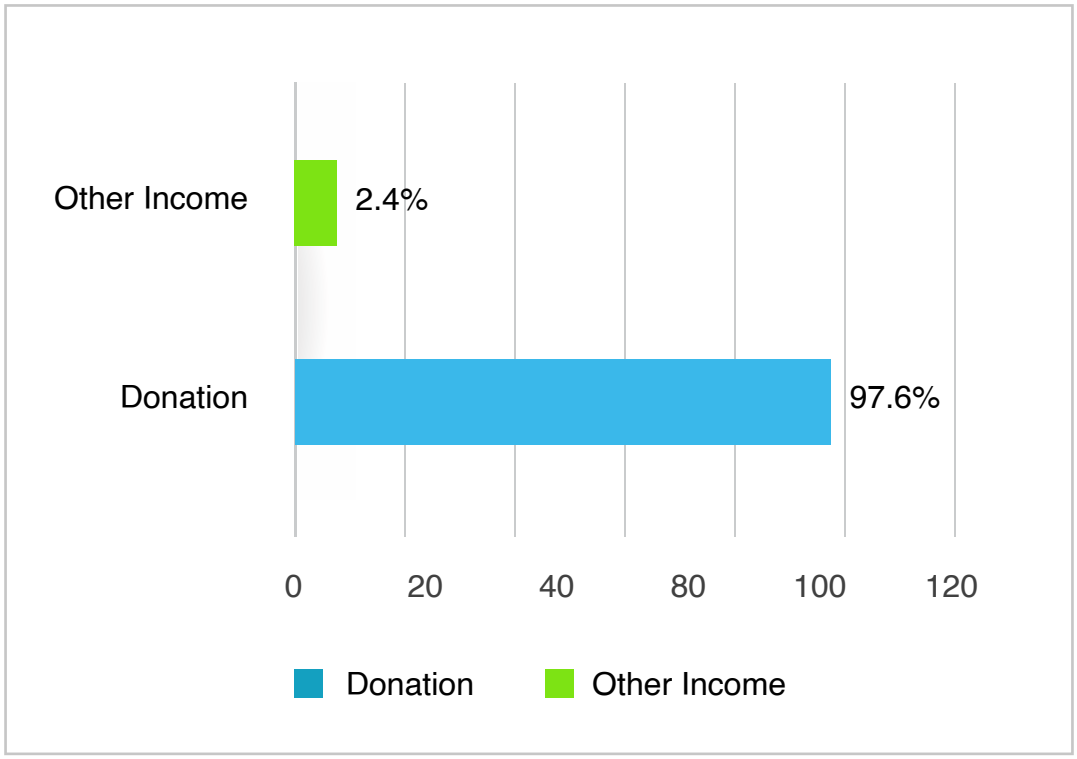
In November 2022, two earthquakes with magnitudes of 6.6 and 5.7 struck the Doti and Bajhang districts in far-western Nepal, causing the deaths of at least six people, injuring many, and collapsing buildings. We participated in Mountain Heart Nepal's earthquake response effort by distributing relief supplies and setting up an outreach clinic that treated over 400 patients.

The short video documentary of the earthquake response is available on the following link.

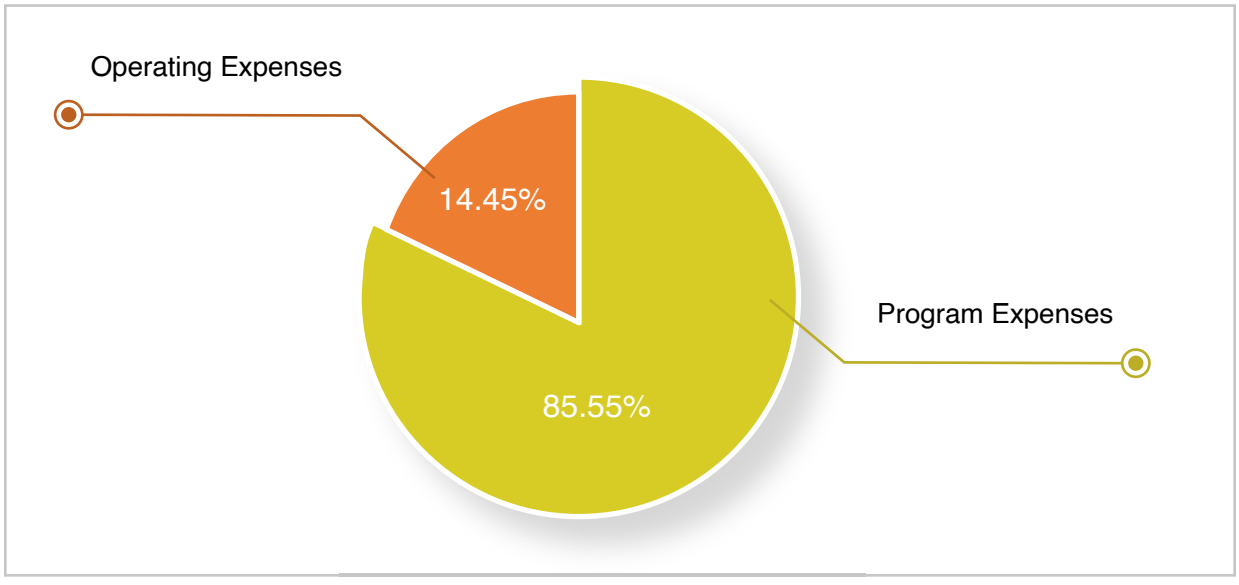
SUMMARY OF FINANCIAL RESULTS

As our fiscal year runs from July 16th 2021 to July 15th 2022, the financial results presented reflect the data for the 2021/2022 fiscal period.

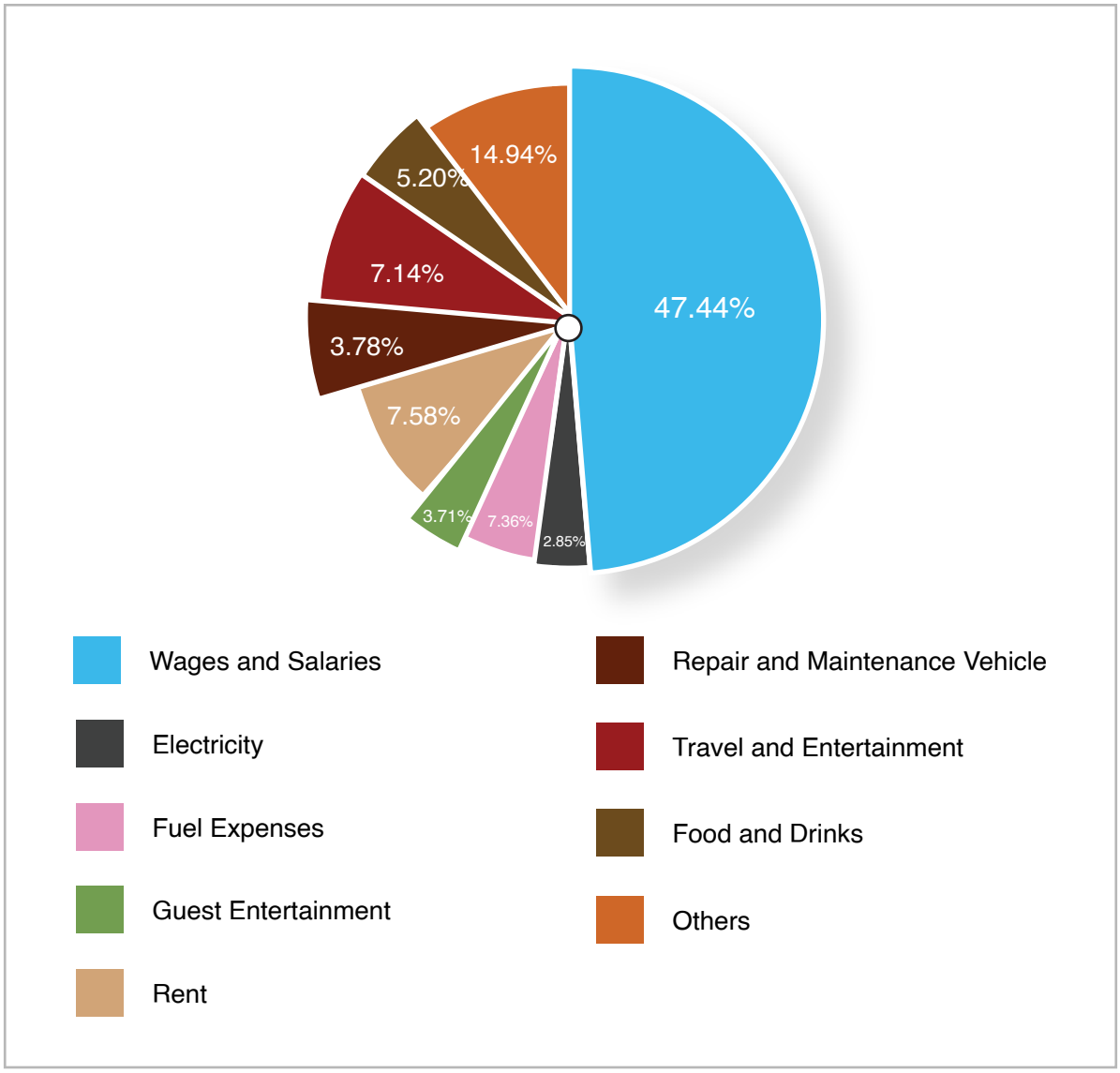
Income 2022



Expenditure Highlights 2022



Operating Expenses 2022



THANK YOU

The Siddhasthali Rural Community Hospital thank all staff, volunteers and partners around the world for contributing to the delivery of the hospital's mission in 2022.